

## **Intake Information**

### **Demographics and History**

Parent's names and ages:

Parent's occupations:

Address:

Mom's phone numbers:

Home:

Work:

Cell:

Email:

Dad's phone numbers:

Home:

Work:

Cell:

Email:

Marital Status:

Please explain how you feel your current (and/or past) marital status has positively or negatively affected your children?

Please list each of your children's names, ages and personality traits.

**Current Concerns**

Please list any current concerns you have with any of your children.

What have you tried so far to resolve these issues?

What has been effective? Ineffective?

## **Approach to Discipline**

How have you disciplined your child(ren) now and in the past?

Do you feel your current methods of discipline are:

Effective?

Healthy?

Appropriate?

Looking back to your own childhood, what methods of discipline did your parents use?

Were your parent's methods effective? Why or why not?

**Parenting Goals**

What type of help are you looking for from Chrissy?

What would a successful coaching outcome look like? What specifically would be different?

Please describe your overall goals as a parent?

Please list any questions you have for Chrissy.